



50 States, Capitals & Abbreviations

Printable Study Sheet

A handy USA reference for students, parents, travelers, and curious readers



#	State	Abbr.	Capital
1	Alabama	AL	Montgomery
2	Alaska	AK	Juneau
3	Arizona	AZ	Phoenix
4	Arkansas	AR	Little Rock
5	California	CA	Sacramento
6	Colorado	CO	Denver
7	Connecticut	CT	Hartford
8	Delaware	DE	Dover
9	Florida	FL	Tallahassee
10	Georgia	GA	Atlanta
11	Hawaii	HI	Honolulu
12	Idaho	ID	Boise

#	State	Abbr.	Capital
13	Illinois	IL	Springfield
14	Indiana	IN	Indianapolis
15	Iowa	IA	Des Moines
16	Kansas	KS	Topeka
17	Kentucky	KY	Frankfort
18	Louisiana	LA	Baton Rouge
19	Maine	ME	Augusta
20	Maryland	MD	Annapolis
21	Massachusetts	MA	Boston
22	Michigan	MI	Lansing
23	Minnesota	MN	Saint Paul
24	Mississippi	MS	Jackson
25	Missouri	MO	Jefferson City

#	State	Abbr.	Capital
26	Montana	MT	Helena
27	Nebraska	NE	Lincoln
28	Nevada	NV	Carson City
29	New Hampshire	NH	Concord
30	New Jersey	NJ	Trenton
31	New Mexico	NM	Santa Fe
32	New York	NY	Albany
33	North Carolina	NC	Raleigh
34	North Dakota	ND	Bismarck
35	Ohio	OH	Columbus
36	Oklahoma	OK	Oklahoma City
37	Oregon	OR	Salem

#	State	Abbr.	Capital
38	Pennsylvania	PA	Harrisburg
39	Rhode Island	RI	Providence
40	South Carolina	SC	Columbia
41	South Dakota	SD	Pierre
42	Tennessee	TN	Nashville
43	Texas	TX	Austin
44	Utah	UT	Salt Lake City
45	Vermont	VT	Montpelier
46	Virginia	VA	Richmond
47	Washington	WA	Olympia
48	West Virginia	WV	Charleston
49	Wisconsin	WI	Madison
50	Wyoming	WY	Cheyenne



Capitals People Often Get Wrong

Good to Know!

- 1 California — Sacramento
- 2 Florida — Tallahassee
- 3 Illinois — Springfield
- 4 Kentucky — Frankfort

- 5 Louisiana — Baton Rouge
- 6 New York — Albany
- 7 Nevada — Carson City
- 8 Washington — Olympia

